

# CIC 34

## Community Interest Company Report

For official use  
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Please complete  
in typescript, or in  
bold black  
capitals.

Company Name in  
full

Peak Running C.I.C.

Company Number

10475271

Year Ending

31/03/2023

**(The date format is required in full)**

Please ensure the company name is consistent with the company name entered on the accounts.

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

(N.B. A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House)

### **PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT**

In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a description of how they have benefited the community.

Having converted from a private limited company to a Community Interest Company in February 2022, this was the first full year officially operating as a CIC.

During the year we continued to deliver established events, activities and services to help and support members of the community improve their fitness and wellbeing through being active outdoors, and to provide them with inspiration to remain active.

These included:

- A weekly 'bRUNch Club' group run with social activity afterwards providing what is known as 'trail therapy', i.e. designed to support mental health and wellbeing as well as the physical benefits.
- Guided group trail runs of various distances and levels of difficulty.
- Coaching support, including group meetings/discussions, both online and in person.
- Training workshops in skills needed to safely explore the countryside, such as map reading and route finding, techniques for moving on hilly/difficult terrain, kit and personal safety.
- Trail and fell running races to provide targets for individuals to work towards and bring the community together socially.
- 'Run for the Trees' throughout the month of February, an initiative that sets a challenge for participants to run or walk a distance based on a chosen level over 28 days. As well as maintaining community engagement during winter, it provides motivation through earning a personal award as well as enabling trees to be planted in the National Forest; with 1 tree planted for every 200 miles collectively covered. Over 300 people took part this year.

**Continued.....**

**(Please continue on separate continuation sheet if necessary.)**

The year was, however, dominated by a significant change to the company brought about by an opportunity to take responsibility for 'Jog Derbyshire', a long-standing local authority funded initiative to support and develop a network of community volunteer led jogging groups across the county.

As a result, three employees were transferred into the company from their previous employer under TUPE (Transfer of Undertakings [Protection of Employment]) Regulations, and funding for the work was awarded through a Grant Agreement.

Consultation with the company previously responsible for Jog Derbyshire and the local authority (as funders) commenced in summer 2022, and responsibility was formally transferred on 1st January 2023. This has significantly increased the scope of the community we support, with it now including around 40 community jogging groups.

Concurrently with this major change, the company also made steps to strengthen the Board of Directors and governance arrangements with the appointment of three Independent Directors, including individuals from within the community we support. And, with input from the new Board members, a strategy for the future was developed which will be implemented during 2023-24.

Other notable activities that took place during the year included:

- We were commissioned to support the work of the 'Walk Derbyshire' initiative, a county wide initiative funded by the local authority to reduce inactivity by increasing everyday walking amongst the local population. This included a review of, and improvements to, the training provided to community walk leaders, and the development of several 'toolbox' cards to help those leading walks.
- We commissioned accredited Outdoor First Aid and Incident Management training for a group of our activity leaders and volunteers. As well as providing a greater level of safety at events and activities, this was also part of our commitment to invest resources in developing the knowledge and skills of members of the community.
- Steps were taken to become accredited to the National Navigation Award Scheme as a training provider, with tutor training completed. In the year ahead this will enable us to deliver accredited training and award qualifications in map reading and navigation. This will help members of the community to be more confident in exploring the countryside confidently and, in the case of activity leaders and volunteers, enable them to expand the scope of what they can provide to participants.

**PART 2 – CONSULTATION WITH STAKEHOLDERS** – Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear.

A key group of stakeholders is the individual members of the community who reside in or visit Derbyshire and the surrounding area. We continually consult with them via various means, including:

- Face to face discussions at events/activities
- Through our dedicated Facebook Group
- Meetings with runners involved in our coaching activities.
- Requests for feedback via email after events/activities have taken place, including via RaceCheck an independent platform akin to TripAdvisor.

Feedback through those sources has continued to enable us to make improvements to existing events and activities to make them accessible to a wider audience and develop new events/activities.

Examples of this include:

- Providing a staggered start at more races, to remove pressure and allow more time for those for who completion is the goal rather than competition.
- Introducing a 'rike' category at many guided activities (i.e. mostly hiking with jogging where the going is easy) to make them inclusive for a wider audience.

Taking on the Jog Derbyshire initiative from 1st January 2023 has meant Derbyshire County Council (DCC), as funder, has become a major stakeholder as well as the leaders / members of the community groups that we support.

Regular meetings were held with DCC in the leadup to and since the initiative being handed over, which have informed our strategy for future, as well as amendments to the deliverables required within the Grant Agreement. And a programme of visits to Jog Derbyshire groups by members of our team are ongoing, in addition to dialogue and consultation by other means, including email and social media.

Other stakeholders include organisations that we collaborate with to deliver events and activities, such as major landowners, local charities, running clubs/community jogging groups and governing bodies.

The key ones of these are:

- Peak District National Park Foundation
- The National Forest
- The National Trust
- Derbyshire Mind
- England Athletics
- Trail Running Association
- Fell Running Association
- National Navigation Award Scheme
- Various Parish Councils
- Local running clubs

Discussion with and feedback from the above enables us to develop and deliver safe and enjoyable activities for members of the community, while operating responsibly and respectfully within the locations where we operate – which include small rural villages and delicate landscapes.

**PART 3 – DIRECTORS’ REMUNERATION** – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, “There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director’s loss of office, which require to be disclosed” (See example with full notes). If no remuneration was received you must state that “no remuneration was received” below.

Throughout the year the operation of the company’s activities was led by two Directors, who were both involved in operational delivery of the business’ events/activities in addition to fulfilling the statutory function of Company Directors. One working full time for the company and the other part time (90 days per annum). Their total remuneration in recognition of all work carried out was £22,500 and £7,615 respectively.

In February 2022 three Independent Directors were appointed. These are voluntary positions and received no remuneration.

**PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION** – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that “no transfer of assets other than for full consideration has been made” below.

Financial donations were made to a number of charities, in either relation to events that were delivered in partnership with them or in recognition of support provided by them to support a Peak Running event.

Peak District National Park Foundation: £7,640.28

The National Forest: £1,695

Derbyshire Mind: £300

The National Trust: £230

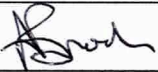
*(Please continue on separate continuation sheet if necessary.)*

**PART 5 – SIGNATORY (Please note this must be a live signature)**

(DD/MM/YY)

The original report must be signed by a director or secretary of the company

Signed



Date

22/11/23

**Please note that it is a legal requirement for the date format to be provided in full throughout the CIC34 report.**

**Applications will be rejected if this information is incorrect.**

*Office held (delete as appropriate) Director/Secretary*

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Andy Brooks, Peak Running CIC	
Hub 3, Market Place	
Crich, Derbyshire DE4 5DD	
Tel 07700 177325	
DX Number	DX Exchange

**When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:**

*For companies registered in England and Wales:* Companies House, Crown Way, Cardiff, CF14 3UZ  
DX 33050 Cardiff

*For companies registered in Scotland:* Companies House, 4<sup>th</sup> Floor, Edinburgh Quay 2, 139  
Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

*For companies registered in Northern Ireland:* Companies House, 2nd Floor, The Linenhall, 32-38  
Linenhall Street, Belfast, BT2 8BG

**(N.B. Please enclose a cheque for £15 payable to Companies House)**